

# Inclusion Services





# How to Initiate Inclusion

- Consult with the teacher. A few teachers are concerned that another adult in the classroom would be a distraction. Try OT/PT in the classroom on a “trial basis” if this is a concern.
- Ask the teacher which class would be most appropriate to work with the student.
  - Example – If the student has a handwriting goal then a language/composition class or writing class would work best.



## How to Initiate Inclusion (cont'd)

- Depending on the student's goals, there may be a particular time of day to integrate into the students.
- Example – transitioning on/off the bus, managing their supplies, clothes and lockers at the beginning or end of the day.



## Included but Separate

- If the teacher's plans for the day will not address the student's goals, OT/PT can work with the student in the back of the classroom (depending on the class).
- This allows the therapist and teacher to consult during the session when the teacher is available.
- The teacher is also able to observe the therapy session.



# Group Inclusion

- One of the easiest places for group inclusion is an MD classroom (typically there are more than 2 students on caseload).
- Consult with the teacher on what the students are currently working on or if there is a theme for the week. Discuss who will lead the group (or split the lead, depending on the group). Teachers and aides typically work with the OT/PT for extra hands during group.
- Example- If the theme is apples... The group might draw, color, cut and paste a picture of an apple. Then write some words or a short paragraph about what they have drawn.



## Group Inclusion (cont'd)

- Modify the treatment to match all students needs/goals (typically including every student in the classroom even if they don't qualify for OT/PT).
- The groups can be any length of time that the therapist and teacher have agreed upon.
  - Groups are usually 30 minutes to 1 hour in length allowing the therapist to work with each student as a group and 1:1 (with the teacher and aides assistance).
- Groups make data collection easy for the teacher and the therapist.